

# DIY Face Mask



erica *made*  
designs

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## Hand Sewn Face Mask Pattern

**PLEASE NOTE: These masks will NOT prevent you from catching a respiratory illness. They may be used by hospital staff over the top of medical grade masks to help make them re-usable. They may be used for someone who is sick to help reduce the spread of germs when coughing and sneezing.**

**\*\*\* Mask are re-usable, must be sanitized after each use! \*\*\***

### Supplies:

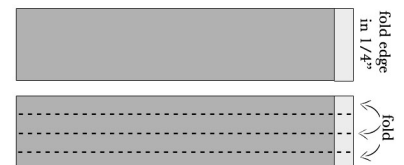
- 2 pieces of 6" x 9" 100% cotton fabric of varying colors
- 1 piece of 6" x 9" cotton fabric lining or light weight interfacing for lining
- 2 pieces of 1/8" x 7" elastic OR Fabric Ties - Cut 4 strips of fabric 1-1/2" x 18"
- Sewing machine
- Scissors or a trimmer
- Pins or clips
- Pencil or Hera marker
- Thread
- Iron

ALTERNATE SIZING: (Use the same size fabric ties for all sizes)

- Adult Male: Fabric 7" x 9" with 1/8" x 7" elastic straps
- Adult Female: Fabric 6" x 9" with 1/8" x 6" elastic straps
- Children: Fabric 5" x 7" with 1.8" x 5.5" elastic straps

TIP: Use two different fabrics, one for the front and one for back of the mask so you can remember which side goes by your face.

DON'T HAVE ELASTIC? Use ribbon, shoe laces, or fabric ties 18" in length. For fabric ties cut 4 strips of fabric 1-1/2"x 18". Fold one short end 1/4" in, this will be your finished edge. Next fold the fabric strip long edges in so they meet in the center and press. Then fold in half lengthwise again and press. Sew down the open edge to secure and backstitch on the finished edge.

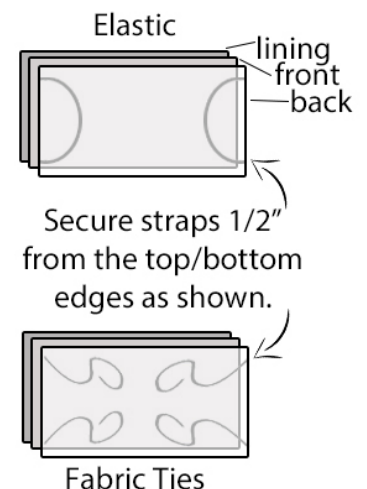


### Directions:

STEP 1: Layer 1 sheet of cotton fabric right side up on top of your lining.

STEP 2: If using elastic, take 1 elastic piece and pin it 1/2 inch from the top and 1/2 inch from the bottom of the right side of your fabric. Repeat this process on the left side. Tip! Be careful not to twist the elastic! For fabric ties, place the raw edge of fabric tie along raw edge of mask, and pin in place, 1/2" in on all four corners as shown.

STEP 3: Place your second piece of fabric right side down on top of your straps. Re-pin so that all three layers of your fabric and straps are secured together.



STEP 4: Sew around the perimeter of your mask using a ¼” seam . Leave a 2.5 inch wide hole on the right side of your mask. (So you can turn it out later.) Back stitch at your stops and starts & double stitch where the elastic bands are because they will have some tension.

Tip: Make sure not to sew through the strap of elastic or your loose tie ends when top stitching around your mask. For the ties, I found it easiest to thread the loose ends through the right side where I left an opening to turn.

STEP 5: Trim the corners then turn out your mask right side out. Tip: Use a hera marker to turn out the corners of your mask. A pencil will do the job too!

STEP 6: Use an iron to press your mask so the edges are crisp.

STEP 7: Next fold your mask accordion style so there are 2 pleats on each side. Clip the pleats on both sides. Your mask should be about 3” in height. Press again with your iron.



STEP 8: Sew 1/8” top stitch around the entire outside edge to finish.

Congratulations! You’re finished with your mask!

PLEASE REMEMBER!!

THESE MASKS WILL NOT PREVENT YOU FROM CATCHING A RESPIRATORY ILLNESS!

For more information on handmade masks visit [CDC.gov](https://www.cdc.gov)

\*\*\* MASKS are re-usable, but must be sanitized between each use \*\*\*

